



NFCC
National Fire
Chiefs Council

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Fire Health Case Study: Stop Smoking Sessions

Context

Help support residents who feel that the time has come to take that step to a healthier lifestyle. SYFR is also one of the signatories of the Yorkshire and Humber Emergency Services Prevention and Early Intervention Consensus Statement, which has been co-ordinated by Public Health England. With demand for health and social care rising, the main focus of the agreement is for emergency services to use their joint intelligence, skills and resources to support communities with ill-health prevention and early intervention where problems are identified.

Aims

To help Doncaster residents quit the habit and lead healthier lifestyles which will also help to reduce the risk of fires in the home.

Solution

South Yorkshire Fire & Rescue (SYFR) is working in partnership with South West Yorkshire Partnership NHS Trust (SWYPT), to provide a meeting group once a week at Adwick station to help support residents who feel that the time has come to take that step to a healthier lifestyle. The Trust is also signed up with SYFR as a Safe & Well referral partner to enable their staff to identify any patients who may be at an increased risk of dwelling fires and ensure that SYFR can complete a Home Safety Check.

Outcomes

Working in partnership with SWYPT we are able to contribute to the continued reduction in smoking prevalence demonstrated throughout the Doncaster area. Providing a local base for stop smoking sessions to take place in an area that has had no provision of such a service has enable residents to access support and guidance on how they can quit smoking and take those first steps. Working together, along with other interventions in this area, continues to contribute to social and health inequalities.

What's next?

The sessions will now take place every Tuesday evening. We will use this opportunity to engage with the other Stop Smoking Services across South Yorkshire to set up similar arrangements to utilise community rooms on our Fire Stations to support our partners reach our communities to provide their services to improve health & wellbeing.

